



नेपाल चिकित्सक संघ Nepal Medical Association

KTM, CDO Regd. No. 07/043/44

Founded: 20 Falgun 2007(4th March 1951)

(Mutually affiliated with
Indian Medical Association)

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South Asia Medical Association (SAMA)
Confederation of Medical Association in Asia and Oceania (CMAAO)

CENTRAL OFFICE:
Siddhi Sadan, Post Box: 189
Exhibition Road, Kathmandu
Nepal (Asia)

EXECUTIVE COMMITTEE

(2020 - 2023)

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Dr. Lochan Karki

Immediate Past President:

Dr. Mukti Ram Shrestha

Senior Vice President:

Dr. Shiva Prasad Shrestha

Vice President:

Dr. Anil Bikram Karki

General Secretary:

Dr. Badri Rijal

Treasurer:

Dr. Prakash Budhathoky

Joint Secretary:

Dr. Niraj Kumar Singh

Joint Treasurer:

Dr. Bishwa Raj Dawadi

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Dr. Leison Maharjan

Dr. Nanda Kumari Gurung

Dr. Pramod Joshi

Dr. Ritesh Thapa

Dr. Sanjeeb Tiwari

Editor-in-Chief:

Dr. Angel Magar

पत्र संख्या : २०७६/नेचिसां.....

मिति : २०७६/१२/२९

सूचना !

भयभित नबनौं, आवश्यक तयारी गरौं, सुरक्षित र सतर्क रहौं !

विश्वव्यापी महामारी (Pandemic) का रूपमा देखापरेको कोरोना भाइरस संक्रमण (COVID-19) का सम्बन्धमा विश्व स्वास्थ्य संगठनको पछिल्लो जानकारी अनुसार मानिसहरूको हिँडुल नियन्त्रणमा मात्र भर नपर्न विश्वभर आग्रह गरेको छ । त्यसैले नेपाल सरकारले शंकास्पद नागरिकहरूको परीक्षण गर्ने प्रयोगशालाको बृद्धि गर्दै हाल पत्ता लागेको सक्रमित व्यक्तिको सम्पर्कमा भएका अन्य व्यक्तिहरूको पहिचान गरी तत्काल परीक्षण गर्ने वातावरण तयार गर्न नेपाल चिकित्सक संघ नेपाल सरकारसमक्ष अनुरोध गर्दछ ।

नेपाल सरकारले कोरोनाभाइरसको जोखिमलाई ध्यान दिँदै आज मङ्गलवार बिहानबाट लागु हुनेगरी अत्यावश्यक सेवाबाहेक अरू कामका लागि घरबाहिर निस्कन नपाउने गरी 'लकडाउन' गर्ने आदेश जारी गरेको परिवेशलाई ध्यानमा राख्दै नेपाल चिकित्सक संघ देशभरका सम्पूर्ण सर्वसाधारण नागरिकहरूलाई कोरोना भाइरससँग सम्बन्धित कुनै पनि विशेषज्ञ चिकित्सकको परामर्श सेवाको आवश्यकता परेको अवस्थामा निम्न लिखित विशेषज्ञ चिकित्सकहरूलाई सम्पर्क गरी सम्बन्धित विषय अनुसारको परामर्श सेवा ग्रहण गर्नु हुन यसै सूचना मार्फत सबैमा जानकारी गराउँदछौं ।

नेपाल चिकित्सक संघको फेसबुक पेज मार्फत हामीलाई चिकित्सकहरूको नामावली, सम्पर्क नम्बर र आफ्नो विशेषज्ञता उपलब्ध गराई यस महामारीमा अतुलनिय योगदान पुऱ्याउनु इच्छुक सम्पूर्ण चिकित्सकहरूप्रति नेपाल चिकित्सक संघ हार्दिक कृतज्ञता ज्ञापन गर्दै आफू पनि सुरक्षित भई सर्व साधारण नागरिकहरूलाई परामर्श सेवा उपलब्ध गराउन समेत पुनः अनुरोध गर्दछौं ।

तपसिल बमोजिमका चिकित्सकहरू

सि. नं.	नाम	विशेषज्ञता	सम्पर्क नम्बर	उपलब्ध समय (प्रत्येक दिन)
१	डा. लोचन कार्की	फिजिसियन	९८५१०५६६८९	दिउसो १ देखि २ बजे सम्म
२	डा. मुक्तिराम श्रेष्ठ	स्त्रीरोग विशेषज्ञ	९८५१००४७९९	दिउसो १ देखि २ बजे सम्म
३	डा. शिव प्रसाद श्रेष्ठ	बाल रोग विशेषज्ञ	९८५१०५७९१०	बिहान ७ देखि ८ बजेसम्म
४	डा. अनिल विक्रम कार्की	नाक, कान, घाँटी विशेषज्ञ	९८०४२५९२८३	दिउसो १ देखि २ बजे सम्म
५	डा. बन्नी रिजाल	हाडजोर्नी विशेषज्ञ	९८५११४८६९९	दिउसो १ देखि २ बजे सम्म



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६	डा. प्रकाश बुढाथोकी	दन्तरोग विशेषज्ञ	९८४९३३६९४३	दिउसो १२ देखि २ बजेसम्म
७	डा. निरज कुमार सिंह	फिजिसियन	९८४९२२८९०३	दिउसो १२:३० देखि १:३० सम्म
८	डा. विश्वराज दवाडी	फेमिली फिजिसियन	९८४९२२६३२२	विहान १० देखि बेलुका ५ बजेसम्म
९	डा. विपेश आचार्य	प्याथोलोजिष्ट	९८५१०९२७३४	दिउसो १ देखि २ बजेसम्म
१०	डा. लिजन महर्जन	नाक, कान, घाँटी विशेषज्ञ	९८४९९०२५८	बेलुका ५:३० देखि ६:३० बजेसम्म
११	डा. नन्दा कुमारी गुरुड	आँखारोग विशेषज्ञ	९८४७०३९४८६	विहान १० देखि १२ बजेसम्म
१२	डा. प्रमोद जोशी	हाडजोर्नी विशेषज्ञ	९८४९५२५६७०	विहान ११ देखि १२ बजे सम्म
१३	डा. रितेश थापा	मानसिक रोग विशेषज्ञ	९८४९५५६४९२	बेलुका ७:३० देखि ८:३० सम्म
१४	डा. सन्जिव तिवारी	फेमिली फिजिसियन	९८५१९६७७२२	दिउसो १ देखि ३ बजे सम्म

संघको सामाजिक सञ्जाल (फेसबुक) मार्फत नाम उपलब्ध गराउनु भएका आदरणीय चिकित्सकहरुको नामावली

सि.नं.	नाम	विशेषज्ञता	कार्यरत संस्था	सम्पर्क नम्बर	उपलब्ध समय (प्रत्येक दिन)
1.	Dr Sunil Acharya	Consultant obstetrician n gynaecologist	MOH and Pragati Polyclinic pvt Ltd, Bharatur Hospital Road	9855065604	
2.	Dr. Krishna Sagar Sharma	Consultant Oncologist Head Of Medical Oncology,	B P Koirala Memorial Cancer Hospital	9845051432	
3.	Dr Shankar Prasad Adhikari,	Physician Cardiologist,	Hamro Aspatal Pvt Ltd , Biratnagar	9852021979	



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4.	Dr. Yuba Nidhi Basaula	Senior Consultant Pediatrician / ART Consultant for pediatric and adolescent.	Bharatpur Hospital, chitwan.	9855055222.	
5.	Dr. Arun Kumar Gupta	Consultant Chest physician	Janakpur	9811719701/ 9860362017	
6.	Dr Rabin Basnet	M.O.	Teaching Hospital.		9:30 am - 11am.
7.	Dr Ghanashya m Pandey	M.O.	Sanjeebani Hospital Kapilvastu Chandrauta	9866086598	10 am to 1 pm
8.	Dr. Sagar Chhetri	Orthopaedics and Trauma Surgeon,	Rapti Academy of Health Science Ghorahi, Dang	9857036678	Time 6 to 8 pm
9.	Dr Yam Dwa	obs/gynae	Vinayak hospital,	9841349206,	24 hours available
10.	Dr. Arbind Kumar Yadav	MO	Shubha Jeevan Hospital Khurkot Sindhuli	9844511112	
11.	Dr. Ghanshyam Sigdel	M S, M Ch.(Urology) Consultant Urologist	Norvic Hospital, Kathmandu Cell:	9841219013 gssigdel@gmail.com	9am to 9 pm.
12.	Dr Keshav Raj Sigdel,	Rheumatologist	Patan Hospital Department of Internal Medicine,	9856081888	6-8 pm
13.	Dr. Ishwor Karki			9866266609	11:30 AM -12:30 PM



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14.	Dr Dipesh Shakya	ENT-HNS	Civil Service Hospital	9841410999	12-1pm
15.	Dr Ashu Shrestha	Radiologist	Koshi hospital, Biratnagar	9849627305	
16.	Dr Ram Naresh Pandit,	senior consultant gynaecologist	Janakpur	9844187687	
17.	Dr Deep Narayan sharma	M.O.	Teaching Hospital Emergency Department	9844405201	9 am - 10 am
18.	Dr. Augraj Uprety	Medicine Neurocardio	Multispeciality Hospital Biratnagar	9852027263	
19.	Dr Raju Kaphle	Consultant Paediatrician	Bhairahwa	9857024748	
20.	Dr Hari Poudel	Consultant Anaesthesiologist	Manipal teaching hospital Pokhara	9856002255	
21.	Dr Krishna Kumar Agrawaal	Diabetologist and Nephrologist	Butwal, Rupandehi	9857045721 consultvijayapharma@gmail.com	
22.	Dr. Love Kumar Sah	Consultant Pediatrician NICU FELLOW		What's app number: +9779854027559	
23.	Dr Shivraj Sharma	Consultant General and Laproscopic Surgeon	Jeewan Vikas Community Hospital Biratnagar	9851176662	



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24.	Dr Jiwan Paudel	Nuclear Physician	Chitwan medical college, Bharatpur, Nepal	9847111340	
25.	Dr. Surendra Prasad Shah	MD Internal Medicine	Nobel Medical College Biratnagar	9804032442	
26.	Dr Jay Dev Yadav	MBBS MD Paediatrician	Nobel Hospital Sinamangal	9849591433	
27.	Dr Surendra Acharya	Oral and Maxillofacial Surgeon	KISTMCTH	9863032533	
28.	Dr Suman Babu Marahatta	MS Orthopaedic	Civil service hospital and Star hospital	9841154142	2-4 pm
29.	Dr. Sushil Dhungel,	Pediatric Surgeon	KIST Medical College / B&B Hospital Gwarkho.	9843533240.	
30.	Dr Bijay KC	Anesthesiologist and Critical Care Physician	P.T. Birta City Hospital, Birtamod	9840170291	
31.	Dr. Bibhuti Nath Mishra	Orthopaedic Surgeon	Life Guard Hospital, Biratnagar	9841216778	
32.	Dr Manoj Shrivastava	Pediatrician	Lilly childrens hospital biratnagar	9852047299	9am-11am
33.	Dr. Krishna Prasad Bista	Consultant Paediatrician		9851044474	



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34.	Dr. Ranjit Kumar Sah	Orthopedic surgeon	Himal Hospital Kathmandu	9841359539	
35.	Dr. Suman Paudel	ENT	Butwal	9867439783	
36.	Dr. Bibek Gautam	Medical officer	Damak hospital and research center Damak , Jhapa	9817513579	
37.	Dr Niraj Singh	Physician		9849228903	
38.	Dr. Sujit Shrestha	Medical officer	Kathmandu	9865488846	
39.	Dr Manoj Yadav	Physician, Pulmonologist & Intensivist	Nepal Police Hospital	9851173173	3-5pm
40.	Dr Pramod Joshi	Sr Consultant Orthopaedic Surgeon		9841525670	Any time
41.	Dr. Dipesh Kumar Patel	Consultant Orthopaedic s, Trauma n Arthroscopic Surgeon	Terai Hospital & Research Centre, Birgunj	9945424147	
42.	Dr. Mira Thapa	Obstetrician Gynaecologist and Infertility Specialist	(NIFLC, Pulchowk , Lalitpur)	9851001133	11-3 pm
43.	Dr. Manoj Kumar Yadav	Orthopedic Surgeon	Star Hospital Pvt. Ltd, Sanepa, Lalitpur	9849143797 9823806313	9:30 am to 6:30 pm



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44.	Dr Manoj Jha	Physician Gastroenterologist.	Gastro Liver Center Butwal(AGC Butwal).	9866695388.	9 to 10 am and 15 to 16 pm.
45.	Dr. Ajit Nepal,.	Consultant ENT & Head Neck Surgeon.	Patan Hospital & Sumeru Hospitals	9849681239	7am to 10 pm
46.	Dr Santosh Pokhrel	Pediatrician,		9857031621	2-4pm
47.	Dr. Laxman Sharma	Orthopaedics and Trauma surgeon,	Provincial Hospital Butwal Sajha Hospital Butwal Unity Health center butwal	9851095760	2 to 4 pm
48.	Dr Bhuwan Raj Pandey	ENT	Lumbini Medical College, Palpa	9841151800	
49.	Dr Santosh Sharma		Lumbini Medical College	9841339031	
50.	Dr.Pramod Kumar Yadav	Senior consultant, general & laparoscopic surgeon	NAMS Trauma & Bir hospital	9851233778	
51.	Dr Anil Bikram Karki	Consultant Head Neck Surgeon.	BPKoirala Memorial Cancer Hospital.	9804259283	1-2 pm
52.	Dr Yogesh Neupane	ENT surgeon		9851018240	10.am to 5 pm
53.	Dr. Rishi Bhatta.	ENT & Head Neck Surgeon.	Civil Hospital.	9841364427	8am to 10 pm
54.	Dr. Prerna Arjyal Kafle	Ophthalmologist,	Biratnagar Eye Hospital	9849174555	8am - 6pm.



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55.	Dr Kedar Narsingh K.C.	Chest Physician	Kathmandu	9851018465	11 am to 3 pm
56.	Dr. Prajaya Shikhar Shrestha	Consultant Diabetes and Endocrinologist	Bir Hospital	9805854014	10am - 1 pm

साथै नेपाल चिकित्सक संघका सम्पूर्ण शाखा कार्यालयहरूले परामर्श सेवा प्रदान गर्न चाहने ईच्छुक चिकित्सकहरू र विभिन्न विशेषज्ञ समाजका प्रतिनिधि चिकित्सकहरूको नामावली र उपलब्ध समय तोकी सम्पूर्ण नागरिकहरूलाई कोरोना भाइरसका सम्बन्धमा उचित परामर्श सेवा उपलब्ध गराउँदै यस संकटपूर्ण अवस्थामा नेपाल सरकारलाई अतुलनिय सहयोग गर्नु हुन समेत यसै सूचना मार्फत हार्दिक अनुरोध गर्दछौं ।

भवदीय,

Badri

डा. बंद्री रिजाल
महासचिव

Lochan

डा. लोचन कार्की
अध्यक्ष